

KNOW THE RISKS

PEDs

Performance enhancing drugs (PEDs) are used to improve physical stamina, muscular strength, and appearance in individuals who are interested in fast results. PEDs consist of steroids, supplements, and other substances.

Ask yourself

Is it WORTH the RISK?



The Navy prohibits Sailors from using steroids unless specifically prescribed by a competent authority (medical care provider)



Steroids are considered PEDs and wrongful use is punishable by the Uniform Code of Military Justice (UCMJ)



Learn more about prohibited dietary supplements at www.opss.org

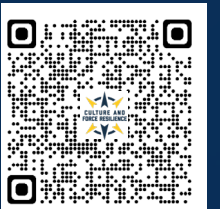


WANT TO KNOW MORE?

Visit our webpage

or contact OPNAV N173 at Mill_N17_DDD@navy.mil

MYNAVY HR - DRUG AND ALCOHOL DETERRENCE



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